

Tips To Select The Perfect Skincare Products

1 Know your skin type.



2 Try a product before buying.



3 Have a good day/night care regimen.



4 Identify your skin concerns.



5 Check reviews.



Ingredients to seek out.

- Glycerin
- Ceramides & Hyaluronic Acid
- Vitamin C & Vitamin E
- Retinol
- Niacinamide (Vit B3)

Ingredients To Avoid

- Fragrance/ perfume
- Sulfates
- Parabens
- Formaldehyde & formal

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